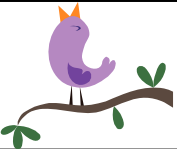








Seton Support Center MARCH 2009

Free Support Services for Cancer Patients, Survivors, and Families from St Thomas, Baptist, MTMC and to the Nashville and surrounding communities. *Fee for Acupuncture and Massage Therapy.* Please call to reserve your spot in all activities!
To RSVP For All Classes And Groups Call 615.222.3234

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1)	2) Acupuncture Seton / St. Thomas	3) Acupuncture Baptist Hospital	4) 	5) Free Wig & Hair Consults by Appt. (615) 977-7734	6)	7)
8) Daylight Savings Time	9) Acupuncture Seton / St. Thomas 	10) Acupuncture Baptist Hospital	11) Massage Therapy Seton / St. Thomas "Look Good Feel Good" 1:00pm-3:00pm Seton/St Thomas	12)	13) "Defensive Eating Seminar" Randy Pendergrass LSN Seton / St. Thomas 2 p.m. - 4 p.m.	14) 
	16) Acupuncture Seton / St. Thomas "Lymphedema- Prevention/Edu" 6-7pm @ Gilda's Club RSVP 329-1124	17) Acupuncture Baptist Hospital "Self Esteem Intimacy and Sexuality" at MTMC Radiation/Onc Conf. Rm 5:30-7pm RSVP (615) 396-5530	18) "Planting your Spring Garden - Tips on Growing Organically" Seton / St. Thomas 6:00 p.m. - 8:00 p.m.	19) 	20) "Knitting Group & Tea" Seton - St. Thomas 2:00 p.m. - 4:00 p.m. 	21)
	23) Acupuncture Seton / St. Thomas	24) Acupuncture Baptist Hospital "Bereavement Support Group" (6 week series) 10:00 a.m. -11:30 a.m. St. Thomas Breast Center	25) Massage Therapy Baptist Hospital "Lymphedema- Prevention/Edu" 5:30-6:30pm Baptist Cancer Center	26)	27) 	28)
29) "Seton Singers Rehearsal" 12:30 p.m. - 2:00 p.m. Seton / St. Thomas Join our choir performance group!	30) Acupuncture Seton / St. Thomas	31) Acupuncture Baptist Hospital "Bereavement Group" "Care for the Caregiver" 4:00 p.m. - 6:00p.m. Seton / St. Thomas	To schedule an acupuncture appointment, call Omar Jutte, RN Acupuncturist at (615) 438-8234. To schedule an appointment for massage therapy, call (615) 222-3234. Dealing with chemo related hair loss? Hair cuts, styling, and Wigs. Compassionate and discreet service. Call Nancy Wenberg at 977-7734			