



Breast Health Services

Preparing For Breast Cancer Surgery

Learn how to better prepare for your surgery so you can be more comfortable and less apprehensive. Pre-admission testing can be scheduled either before or after the class time. Learn what to expect after your surgery so you can have a positive recovery experience both in the hospital and at home.

Experienced breast health nurse specialists will cover topics including:

- ▶ Testing before your surgery
- ▶ What to expect the day of your surgery
- ▶ Care after your surgery
- ▶ Support and community services
- ▶ Home care
- ▶ Long-term survivorship
- ▶ Obtaining post-operative surgical garment



We welcome a family member or friend to come with you to the class. Bring your questions!

The Center for Breast Health at Baptist Hospital

Friday 9:30-10:30 a.m.
300 20th Ave. North, 2nd Floor
Nashville, TN 37203

To register for this free class, please call 615-284-4YOU (4968).

Register Now

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615-284-4YOU
(4968)

Members of Saint Thomas Health Services

4220 Harding Road
Nashville, TN 37205
(615) 222-3004

 **Saint Thomas
Hospital**

300 20th Ave N., 2nd Floor
Nashville, TN 37203
(615) 284-LADY

 **Baptist Hospital**

400 N. Highland Ave.
Murfreesboro, TN 37130
(615) 396-5600

 **Middle Tennessee
Medical Center**

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